

Nomination for CPMEC Junior Doctor of the Year Award 2022



NORTHERN TERRITORY – Dr Sibella HARE BREIDAHL

Dr Breidahl is a Resident Medical Officer in the Top End Regional Health Service and continually finding avenues to improve the service of Royal Darwin Hospital (RDH) for staff and patients. This is her main motivation as a sitting member on the Prevocational Education Advisory Group and the Medical Education Council; for her involvement she received the award of 'Intern of the Year' for 2021.

Sibella is auditing the RDH Emergency Department on domestic family violence presentations with a view to developing training for JMOs on brief interventions and resources.

Sibella participates in the Menzies School of Health Research and RDH discussion group *Cultural Safety Champions* to improve communication and practice with Aboriginal patients. She is undertaking research through the Menzies School investigating alcohol pricing policies unique to the NT, and seeking public health policy solutions to major drivers of the social determinants of health for Top End residents.

Sibella is completing a Master of Public Health and Tropical Medicine, and has accepted a Royal Australian College of Psychiatrists Registrar training position at RDH with an aspiration to return to East Arnhem Land.