

Nomination for CPMEC Junior Doctor of the Year Award 2022



NEW SOUTH WALES – Dr Thomas GOUBAR

Dr Goubar is a PGY2 at the Wagga Wagga Base Hospital (WWBH). Since coming first in his clinical school, he was voted local JMO of the year for WWBH and was also elected by his peers to be the Riverina representative on the NSW HETI JMO Forum. Thomas is in the second year of his PhD in cardiovascular metabolism.

Dr Goubar is the JMO Director of AIM Higher, a program to build health capacity in the Murrumbidgee, where medical graduates commencing as Assistants in Medicine (AIM) receive an advanced clinical leadership program.

Dr Goubar, with cardiologist Dr Nikki Bart, organised 'Future Minds' Amyloid Academy Day where WWBH provided education on Amyloid disease to clinicians to detect and streamline referral pathways to ensure rural patients can access advanced therapies.

Thomas also organised Doctors of Rural Education and Medicine day with Dr Bart, where previous JMOs and trainees from WWBH were invited to provide mentoring sessions for JMOs along with clinical students from University of New South Wales and University of Notre Dame Australia.

Thomas designed and delivered the WWBH JMO Buddy Program.